PSYC 1101 - Introductory Psychology (version 201312L)

Course Title	Course Development	Learning Support
Introductory Psychology	Standard	No

Course Description

Introduces the major fields of contemporary psychology. Emphasis is on critical thinking and fundamental principles of psychology as a science. Topics include research design, the organization and operation of the nervous system, sensation and perception, learning and memory, motivation and emotion, thinking and intelligence, lifespan development, personality, psychological disorders and treatment, stress and health, and social psychology.

Pre-requisites

Appropriate Degree Level Writing (English) and Reading Placement Test Scores

Regstr. Co-requisites

Regstr. Co-requisites: None

True Co-requisites

True Co-requisites: None

Course Length

	Lecture Contact Time	Regular Lab Type	Reg. Lab Contact Time	Other Lab Type	Oth. Lab Contact Time	Total Contact Hrs
Contact Hours Per Week	**3 hrs**	**N/A**	**0 hrs**	**N/A**	**0 hrs**	**3 hrs**
Contact Min/Hrs Per Semester	**2250 min**		**0 min**		**0 min**	**45 hrs**

	Lecture Credit Hours	Lab Credit Hours	Total Credit hours	WLU
Semester Credit Hours	**3**	**0**	**3**	**101.25**

Competencies & Outcomes

Order	Description

1 **Foundations and Research Methods**

Order	Description	Learning Domain	Level of Learning
1	Describe the foundations of modern psychology.	Cognitive	Knowledge
2	Identify who psychologists are and what they do.	Cognitive	Knowledge
3	Outline methods of research.	Cognitive	Synthesis
4	Demonstrate critical thinking skills.	Cognitive	Application

2 **Biological Foundations of Behavior**

Order	Description	Learning Domain	Level of Learning
1	Describe the structure of neurons and the process of neural transmission.	Cognitive	Comprehension
2	Outline the structure and function of the nervous system.	Cognitive	Synthesis

3	Outline the structure and function of the endocrine system.	Cognitive	Synthesis
4	Explain genetic influences on behavior.	Cognitive	Comprehension

3 **Sensation and Perception**

Order	Description	Learning Domain	Level of Learning
1	Describe basic concepts related to sensation.	Cognitive	Comprehension
2	Identify the structure and function of the visual, auditory, chemical, skin and other body senses.	Cognitive	Knowledge
3	Describe perceptual organization and the perception of distance, depth, movement and illusions.	Cognitive	Comprehension

4 **States of Consciousness**

Order	Description	Learning Domain	Level of Learning
1	Differentiate states of conscious, sleeping, and dreaming.	Cognitive	Analysis
2	Describe sleep disorders.	Cognitive	Comprehension
3	Compare and contrast altering consciousness through drug use, meditation, and hypnosis.	Cognitive	Analysis

5 **Learning**

Order	Description	Learning Domain	Level of Learning
1	Differentiate classical conditioning, operant conditioning, and cognitive learning.	Cognitive	Analysis
2	Describe elements of classical conditioning.	Cognitive	Comprehension
3	Demonstrate classical conditioning in human behavior.	Cognitive	Application
4	Describe the elements of operant conditioning.	Cognitive	Comprehension
5	Differentiate principles of reinforcement and punishment.	Cognitive	Analysis
6	Demonstrate operant conditioning in human behavior.	Cognitive	Application
7	Identify the types of cognitive learning and their application to humans.	Cognitive	Knowledge

6 **Memory**

Order	Description	Learning Domain	Level of Learning
1	Describe theories of remembering and forgetting.	Cognitive	Comprehension
2	Compare sensory memory, short-term memory, and long-term memory.	Cognitive	Analysis
3	Identify and practice methods of improving memory.	Cognitive	Application

7 **Thinking, Intelligence, and**

Language

Order	Description	Learning Domain	Level of Learning
1	Describe the building blocks of thought: language, images, and concepts.	Cognitive	Comprehension
2	Apply principles of cognition to strategies for problem-solving and decision-making.	Cognitive	Application
3	Identify the components of language and the stages of language development.	Cognitive	Knowledge
4	Discuss the influences of culture on language and how humans think.	Cognitive	Comprehension
5	Define intelligence and describe how intelligence is measured.	Cognitive	Knowledge
6	Identify gender differences in cognitive abilities.	Cognitive	Knowledge
7	Describe the influences of heredity and environment on intelligence.	Cognitive	Comprehension

8 **Motivation and Emotion**

Order	Description	Learning Domain	Level of Learning
1	Explain the biological and psychological sources of motivation.	Cognitive	Comprehension
2	Contrast the theories of emotion.	Cognitive	Analysis
3	Identify the basic emotions and how they are communicated.	Cognitive	Knowledge
4	Describe emotional intelligence and how to manage emotions.	Cognitive	Comprehension

9 **Lifespan Development**

Order	Description	Learning Domain	Level of Learning
1	Identify stages of prenatal development and threats to development.	Cognitive	Knowledge
2	Describe cognitive, physical, psychosocial and gender- and sex-role development in infancy and childhood.	Cognitive	Comprehension
3	Describe cognitive, physical, psychosocial and gender- and sex-role development in adolescence.	Cognitive	Comprehension
4	Describe cognitive, physical, psychosocial and gender- and sex-role development in adulthood.	Cognitive	Comprehension
5	Describe cognitive, physical, psychosocial and gender- and sex-role development in late adulthood.	Cognitive	Comprehension

10 **Personality**

Order	Description	Learning Domain	Level of Learning
1	Explain psychodynamic theories of personality.	Cognitive	Comprehension
2	Explain humanistic theories of personality.	Cognitive	Comprehension
3	Explain trait theories.	Cognitive	Comprehension
4	Explain social-cognitive theories of personality.	Cognitive	Comprehension

5	Identify methods of personality assessment.	Cognitive	Knowledge

11 **Psychological Disorders and Treatment**

Order	Description	Learning Domain	Level of Learning
1	Differentiate between abnormal and normal behavior.	Cognitive	Analysis
2	Discuss psychological disorders and models of abnormal behavior.	Cognitive	Comprehension
3	Examine the types, causes and treatment of anxiety disorders.	Cognitive	Analysis
4	Examine the types, causes and treatment of mood disorders.	Cognitive	Analysis
5	Examine the types, causes and treatment of dissociative and somatoform disorders.	Cognitive	Analysis
6	Examine the types, causes and treatment of schizophrenia.	Cognitive	Analysis
7	Examine the types, causes and treatment of sexual and gender identity disorders.	Cognitive	Analysis
8	Examine the types, causes and treatment of developmental and cognitive disorders.	Cognitive	Analysis
9	Examine the types, causes and treatment of eating and sleep disorders.	Cognitive	Analysis
10	Examine the types, causes and treatment of personality disorders.	Cognitive	Analysis

12 **Stress and Health Psychology**

Order	Description	Learning Domain	Level of Learning
1	Define stress and describe what it does to the body.	Cognitive	Knowledge
2	Identify ways to cope with stress and to stay healthy.	Cognitive	Knowledge
3	Describe psychosocial effects on physical disorders.	Cognitive	Comprehension
4	Describe psychosocial treatment of physical disorders.	Cognitive	Comprehension

13 **Social Psychology**

Order	Description	Learning Domain	Level of Learning
1	Describe fundamentals of social cognition.	Cognitive	Comprehension
2	Examine the nature of attitudes, prejudice and discrimination.	Cognitive	Analysis
3	Describe social and cultural influences on behavior, thoughts and emotions.	Cognitive	Comprehension
4	Examine the psychological processes involved in social influence.	Cognitive	Analysis